

Estimation of the uptake of polycyclic aromatic hydrocarbons desorbed from polyethylene microplastics in the digestive tract of the red seabream (*Pagrus major*) and mummichog (*Fundulus heteroclitus*)

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1 **Estimation of the uptake of polycyclic aromatic hydrocarbons desorbed from**
2 **polyethylene microplastics in the digestive tract of the red seabream (*Pagrus***
3 ***major*) and mummichog (*Fundulus heteroclitus*)**

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25 Abstract

26 The vector effects of microplastics (MPs) in natural marine environments and their contribution to
27 PAH bioaccumulation in fish are still unknown. This study, therefore, aimed to evaluate the effects of
28 MPs on carrying PAHs under conditions close to the actual marine environments. The PAH content
29 sorbed onto MPs from seawater positively correlated with the octanol/water partition coefficient (log
30 K_{OW}) in both polyethylene and polystyrene MPs. The desorption rate constant (k_2) of polyaromatic
31 hydrocarbons (PAHs) sorbed onto MPs from seawater in the digestive tract was calculated using two
32 marine teleost fish in an *in vitro* desorption experiment. A negative correlation was observed between
33 the log K_{OW} and k_2 of the PAHs. The PAHs with larger log K_{OW} and lower water solubility are easier
34 to sorb onto MPs and less likely to desorb in the digestive tract of marine fish species. The estimation
35 of PAH uptake into the fish body using the k_2 of three selected PAHs (phenanthrene, pyrene, and
36 chrysene) indicated that more than 95% of the chemicals were uptaken from seawater via gills. It was
37 presumed that there was an additional uptake of PAHs into the fish body (vector effect) due to
38 desorption from MPs in the digestive tract when marine fish ingested MP that was sorbed and
39 concentrated with PAHs. The degree of uptake was, however, much lower than that from seawater via
40 gills. The vector effect of PAHs by MPs in the actual sea may be negligible, and the risk is presently
41 considered to be low.

42 Keywords: Vector effect, Sorption, Desorption, Log K_{OW} , *In vitro*

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49 1. Introduction

50 Microplastics (MPs) are ubiquitous in the global environment. (Ohno and Iizuka, 2023; Zhao et al.,
51 2024), with the abundance of pelagic MPs estimated to increase and the maximum MP concentration
52 expected to be 1 mg/L by the 2060s (Isobe et al., 2019). The bioaccumulation of MPs has recently
53 become one of the most important environmental problems today (Wang et al., 2021; Gedik et al.,
54 2023; Valencia-Castañeda et al., 2024).

55 Tanaka and Takada (2016) reported the ingestion of MPs by 77% of Japanese anchovies (*Engraulis*
56 *japonicus*) captured in urban coastal waters around Japan. A median of 60% of fish, belonging to 198
57 species captured in 24 countries, contained MPs in their organs (Sequeira et al., 2020); MPs were
58 detected approximately 86% in the gastrointestinal tract and 92% in the gills of examined fish (Jaafar
59 et al., 2021); particularly high MP abundance (99%) was observed in fish living in urban estuaries
60 (Parker et al., 2020). Small environmental MPs in the liver were reported in adult benthopelagic fish
61 (Zitouni et al., 2022).

62 Laboratory experiments have, however, demonstrated that the retention time of MPs ingested by fish
63 is comparable to that of digesta (Grigorakis et al., 2017), and more than 90% of MPs ingested is
64 excreted from the body of the fish within approximately 24 h, resulting in minimal accumulation in
65 the digestive tract (Jovanović et al., 2018; Ohkubo et al., 2020; Ohkubo et al., 2022).

66 The ingestion of MPs may induce adverse effects by transporting sorbed and accumulated
67 hydrophobic organic contaminants (HOCs) from the seawater to marine organisms, in a process known
68 as the MP vector effect (Bakir et al., 2016; Qiu et al., 2020; Fred-Ahmadu et al., 2020). MPs adsorb
69 and accumulate HOCs, such as polycyclic aromatic hydrocarbons (PAHs), polychlorinated biphenyls,
70 and polybrominated diphenyl ethers (Yeo et al., 2020; Arias et al., 2023).

71 PAHs are widely distributed in the marine environment (Barhoumi et al., 2016; Wallace et al., 2020;
72 Shi et al., 2022; Wu et al., 2022; Liu et al., 2023) because they result from not only oil spills but also

73 the incomplete combustion of fossil fuels. They are regulated in both the environment and food by the
74 United States Environmental Protection Agency (EPA) and Food and Drug Administration (FDA)
75 because of their toxicity, carcinogenicity, potential for human exposure, and frequency of occurrence
76 (WHO, 1998). A strong interaction was reported between PAHs and MPs where it was noted that MPs
77 accumulate PAHs up to 106 times higher than the surrounding water (Teuten et al., 2007) and mean
78 concentrations of total sorbed PAHs on polyethylene (PE) MPs were 722 ng/g (low-density PE, LDPE)
79 and 797 ng/g (high-density PE, HDPE) (Rochman 2013) and 108.76 ± 12.88 ng/g (Arias et al., 2023).
80 Mai et al. (2018) measured the concentrations of 16 priority EPA PAHs ranging from 3,400 to 119,000
81 ng/g in MPs collected from coastal areas associated with human activities.

82 It was reported that an increase of benzo(a)pyrene (B(a)P) was detected in mussels after a three-day
83 exposure, particularly when mixed with MPs (Romdhani et al., 2022). Abouda et al. (2024) reported
84 that time-dependent bioaccumulation and increased acidic mucus were observed when seaworms were
85 exposed to environmental MPs and B(a)P, alone and mixed, and their co-exposure induced oxidative
86 stress and neurotransmission disorders (Abouda et al., 2022).

87 *In vivo* experiments have demonstrated the role of MPs as vectors when Japanese medaka (*Oryzias*
88 *latipes*) were exposed to both anthracene (Ant), a type of PAH, and 50 μm spherical PE-MP (Qiu et
89 al., 2020). It has, however, been suggested that the ingestion of MPs may not be an important pathway
90 for the transportation of contaminants to aquatic organisms in model analyses (Bakir et al., 2016;
91 Koelmans et al., 2016). The role of MPs as a vector is dependent on their size (Takai et al., 2023);
92 however, that phenomenon in an actual marine environment is still unknown. A recent study indicated
93 that PAHs sorbed on MPs were desorbed in the guts of fish (Ito et al., 2022) using 250–300 μm PE-
94 MP typically found in fish gut contents (Garcia-Garin et al., 2019; Tanaka and Takada, 2016). The
95 contribution of PAH uptake from the ingestion of PAH-sorbed MPs, typically found in fish, is
96 necessary to evaluate the vector effect of MPs.

97 Although it has been reported that the bioaccumulation of PAH and the vector effects of MPs for
98 PAHs depend on the concentrations of PAHs in seawater (OECD, 2012) and the size of MPs (Takai et
99 al., 2023), respectively, these effects have been evaluated using extremely high PAH concentrations
100 and very small-sized MPs and have not been reported in actual marine environments to date. The
101 vector effects of MPs in actual marine environments and their contribution to PAH bioaccumulation
102 in fish are, therefore, still unknown. This study, therefore, aimed to evaluate the vector effects of MPs
103 for PAHs under conditions close to actual marine environments.

104 This study first determined the sorption properties of PAHs from seawater on 250–300 µm MP and
105 further compared its sorption properties between different materials (PE and polystyrene; PS). The
106 desorption rate constant of PAHs sorbed on 250–300 µm PE from seawater in the digestive tract of
107 two marine teleost fish, red seabream (*Pagrus major*) and mummichog (*Fundulus heteroclitus*), was
108 then calculated using the *in vitro* desorption experiment. The study finally investigated the contribution
109 of the uptake of PAHs desorbed from MPs in the digestive tract relative to waterborne uptake,
110 considering it is another key pathway of contaminant bioaccumulation, and further estimated its
111 potential risks to human health. The description of the present study is presented in Fig. 1.

112 2. Materials and methods

113 2.1. Reagents

114 Clear microsphere PE beads of particle size 250–300µm (Cospheric, Santa Barbara, CA, USA), PS
115 beads of particle size 200–300µm (PolyScience, Niles, Illinois, USA), and 16 priority PAHs classified
116 by the Environmental Protection Agency (16 EPA PAHs) (AccuStandard, New Haven, CT, USA) were
117 used as the MPs and PAHs in this study. Throughout the experiment, 16 d-PAHs (Cambridge Isotope
118 Laboratories, Inc., Andover, MA, USA) in acetone were used as internal standards (Table S1).
119 Analytical-grade acetone and *n*-hexane were obtained from FUJIFILM Wako Pure Chemical Corp.,
120 Osaka, Japan.

121 *2.2. Experiment 1. Sorption of PAHs on MP*

122 *2.2.1. Calculation of sorption rate constant*

123 The sorption of PAHs on MPs was based on the OECD test guideline 106 (OECD, 2000) and was
124 achieved by mixing 1 L of artificial seawater with 16 PAHs and PE (100 mg/L) for 1, 3, 6, 24, and 48
125 h at 20°C while stirring in a light-shielding and tightly capped triplicate glass bottle. Each PAH
126 concentration was adjusted to 2 µg/L, corresponding to that occurring in the aquatic environment
127 (Anyakora et al., 2005; Maskaoui et al., 2002; Zhang et al., 2016). Twenty milliliters of the test solution
128 were subjected to PAH analysis at the beginning and end of the sorption test immediately after
129 collection. The amount of PAHs sorbed on the MP was calculated as the difference between the amount
130 of the test substance initially present in the solution and the amount remaining at the end of the
131 experiment (indirect method).

132 The sorption rate constant (k) was calculated from the first-order approach to the equilibrium model
133 (Allan 2009) using the exponential rise-to-maximum equation (1):

134
$$C_t = C_{eq} (1 - e^{-kt}), \quad (1)$$

135 where C_t is the PAH content on MP at time t (µg/g); k is the sorption rate constant (/h); and C_{eq} is the
136 predicted equilibrium PAH content on MP (µg/g). The time required to reach the 80 percent steady
137 state (t_{80}) was calculated using equation (2) (OECD, 2012):

138
$$t_{80} = -\ln(0.20)/k = 1.6/k \quad (2)$$

139 *2.2.2. Comparison of PAH sorption properties between PE and PS*

140 The PAH concentrations of the test solutions were adjusted to 0.05, 0.5, 1, and 2 µg/L. At the
141 beginning of the sorption test, 100 mg of the MP (PE or PS) was added to 1 L of the test solution. After
142 stirring for 48 h, the PAH concentration in the test solution and that on the MP was measured. The MP
143 was collected via glass fiber filtration (Whatman GF/B, Whatman International Ltd., Maidstone, UK)
144 and stored at -20°C until further analysis or use.

145 2.2.3. Comparison of PAH sorption index between PE and PS

146 To characterize an index of sorption to MPs, the Freundlich adsorption coefficient was calculated
147 based on the OECD Test Guideline 106 (OECD, 2000).

148 The Freundlich adsorption isothermal formula is followed by equation (3) or (4), where V is the PAH
149 content on the MPs ($\mu\text{g/g}$), C is the PAH concentration in the test solution ($\mu\text{g/mL}$), a is the sorption
150 coefficient, and n is the sorption index.

$$151 V = aC^{(1/n)} \quad (3)$$

$$152 \log V = \log a + (1/n) \log C \quad (4)$$

153 2.3. Experiment 2. Calculation of desorption rate constant in vitro desorption experiment

154 2.3.1. Animals

155 Red seabream fish were purchased from a commercial fish farm (Amarine Kindai, Wakayama,
156 Japan) and kept in a 500-L fiberglass-reinforced plastic tank with flow-through seawater at 20°C under
157 a 14 h light: 10 h dark cycle of illumination. The Arasaki strain of the mummichog (Shimizu, 1997),
158 which has been bred in our laboratory for several decades, was used in this study. The mummichogs
159 were kept in an indoor aquarium with flow-through seawater and natural light illumination before the
160 experiments. The salinity (30 psu) and dissolved oxygen (> 80%) were maintained for their
161 acclimation in the laboratory. The fish were fed twice daily with commercial fish food (Otohime EP
162 2; Marubeni Nisshin Feed, Tokyo, Japan) until saturation. Red seabream (OECD, 2019) and
163 mummichog (Shimizu, 1997) have been widely used as experimental fish. Using these two fish species,
164 we have already clarified the MP uptake and gut retention time (Ohkubo et al., 2020) and established
165 the *in vitro* desorption experiment (Ito et al., 2022). All animal care and use procedures were performed
166 in accordance with the guidelines for animal experimentation proposed by the Fisheries Technology
167 Institute of the Japan Fisheries Research and Education Agency.

168 2.3.2. In vitro desorption experiment of PAHs from MPs

169 The digestive tract was obtained from two marine teleost fish—red seabream (n = 10, total length
170 (TL) 250 ± 8.6 mm, BW 280 ± 20 g) and mummichog (n = 30, TL 120 ± 5.9 mm, BW 34 ± 5.0 g)—
171 that had been fed until saturation. After feeding, the fish were narcotized in ice seawater and then
172 dissected, and the gut content was collected from the midgut (pyloric ceca and foregut) in red seabream
173 and foregut in mummichogs, considering these parts efficiently desorb PAHs from MP, based on a
174 previous study (Ito et al., 2022). The content samples were frozen in liquid nitrogen and stored at -
175 80°C until further use.

176 The gut contents were homogenized using a sonicator (Sonics Vibra-Cell VCX 130; Sonics and
177 Materials Inc., Newtown, CT, USA) in 0.25 M sucrose (1:5 w/v), then centrifuged at 12,000 rpm for
178 15 min at 4°C . The supernatant (gut content extract) was used for subsequent desorption experiments
179 of PAHs from MPs. PE was used in the experiments.

180 For the desorption experiment, 1 ml of the gut content extract was mixed with 50 mg of PAH-sorbed
181 PE and 9 ml of 0.1M phosphate buffer (pH 7.0, red seabream, and pH 6.0, mummichog, the optimum
182 pH in their digestive tracts) (Ito et al., 2022). The PAHs-sorbed MP was prepared by stirring the PE
183 (100 mg/L) in the artificial seawater containing 16 PAHs ($2 \mu\text{g/L}$) for 48 h as described in Exp. 1. The
184 present study was a part of our ongoing research on MP's vector effects; the MP concentration (100
185 mg/L) was, therefore, selected in line with our previous study (Ito et al., 2022). The concentration is
186 within the environmentally relevant levels that will occur by the 2060s (1 mg/L) (Isobe et al., 2019)
187 and convergence zone MP levels that were 300 times higher than in non-convergence zones (Nakakuni
188 et al., 2024). In terms of each PAH, $2 \mu\text{g/L}$ was selected considering some PAHs occur in seawater on
189 some coasts and estuaries with high human activity at this level (Anyakora et al., 2005; Maskaoui et
190 al., 2002; Zang et al., 2016). The concentrations of PAHs sorbed on MP used in the desorption
191 experiments were reported by Ito et al. (2022). The mixture in the glass tube (n = 25) was then

192 incubated under 20°C under dark conditions with horizontal shaking at 100 rpm and sampling (five
193 replicates) was performed at five different intervals (30 min, 1,3,6, and 24 h).

194 Two types of blanks were prepared according to Ito et al. (2022). Blank 1 was used to determine
195 the PAH desorption without gut contents extract, and Blank 2 to define the PAH concentration derived
196 from the gut contents and PAHs-free PE. After incubation, the PE was separately collected using a
197 glass filter (GF/C; Whatman), and the PAH concentration in the filtrate was analyzed according to a
198 previously reported procedure (Ito et al., 2022). The PAH content of the MP was calculated by
199 subtracting the filtrate at the beginning and end of the desorption experiment.

200 The desorption rate constant (k_2) was calculated from the first-order model of the following equation
201 (5), which is based on OECD test guideline 305 (OECD, 2012):

$$202 \quad C_p = C_{p0} * e^{-k_2 t}, \quad (5)$$

203 where C_p is the PAH content of the MP at time t (ng/g), k_2 is the desorption rate constant (/d), and
204 C_{p0} is the PAH content of the MP at the beginning of the desorption experiment (ng/g).

205 *2.4. Experiment 3. Contribution of the uptake of PAHs desorbed from MP in the digestive tract*

206 Together with the present findings and previous research, the PAH uptake into the fish body via MPs
207 in the marine environment was estimated using the formulae listed in Table 1. A total of three PAHs
208 were selected for subsequent estimation—phenanthrene (Phe), pyrene (Pyr), and chrysene (Chr)—
209 because they are more frequently detected in the environment and are highly bioaccumulated in living
210 organisms (Koyama et al., 2004; Cheikyula et al., 2008; Wallace et al., 2020; Shi et al., 2022; Wu et
211 al., 2022). The concentration of PAHs in seawater was calculated from the maximum MP
212 concentration (1 mg/L) expected by the 2060s (Isobe et al., 2019), the concentration of PAHs contained
213 in MP collected from actual sea areas (Mai et al., 2018), and the desorption ratios from MP to seawater
214 (Phe; 42%, Pyr; 26%, and Chr; 38%) that was preliminarily obtained when the PAHs-sorbed MP used
215 in Exp. 2 was added to seawater (5 L) in a glass aquarium at a concentration of 100 mg MP/L and

216 stirred for 24 h. The bioconcentration factor (BCF) of PAHs in teleost fish (Gerhart and Carlson, 1978;
217 Baussant et al., 2001) was thereafter used to estimate the PAH concentrations in fish derived from
218 seawater. The PAH content desorbed from the MP in the digestive tract was additionally determined
219 using k_2 obtained in Exp. 2. The PAH desorbed content from MP in the fish digestive tract at 3 h was
220 calculated when more than 80% of the PAH content in the steady state was desorbed from the MPs in
221 Exp. 2. The PAH concentrations in fish were then estimated from the MPs in the digestive tract,
222 assuming that all the PAHs desorbed from MP in the digestive tract would be taken up into the fish
223 body.

224 2.5. Chemical analysis

225 2.5.1. Extraction of PAHs in the test solution and filtrate

226 Liquid-liquid extraction was employed to extract PAHs from the test solution in Exp. 1 and filtrate
227 in Exp. 2 based on a previous study (Ito et al., 2022). The samples were mixed with the internal
228 standard and hexane, and shaken thoroughly for 10 min. After centrifugation, the hexane layer was
229 subjected to gas chromatography-mass spectrometry (GC/MS) analysis.

230 2.5.2. Extraction of PAHs sorbed on MPs

231 The PAHs sorbed on the MPs were extracted based on the PAH analysis (Ito et al., 2022). PAHs
232 sorbed on MP were desorbed using 1N KOH/EtOH at 80°C for 1 h. The desorbed PAH solution was
233 passed through a glass filter (GF/B; Whatman, Maidstone, UK). The filtrate was mixed with distilled
234 water and hexane for liquid-liquid extraction. After extraction, the hexane layer was separated, rinsed
235 thrice with distilled water, concentrated, and applied to a silica gel cartridge column (Supelclean LC-
236 Si: 1 g, 6 ml; SUPELCO Inc. St. Louis, MO, USA) that had been preconditioned with 10 ml of acetone
237 and hexane before use. The cartridge column was eluted with 10 ml of hexane. The eluate was
238 concentrated to 0.5 ml using nitrogen gas and subjected to GC/MS.

239 2.5.3. GC/MS analysis

240 Gas chromatographic separation was performed using the Agilent 7890A gas chromatograph
241 equipped with a 5975C mass spectrometer (Agilent Technologies, Tokyo, Japan) (Ito et al., 2022). The
242 monitored SIM ion, retention time, and quantification limit of the PAHs are presented in Tables S1
243 and S2. For the statistical analysis, PAH concentrations below the quantitation limit were set to half
244 of the quantitation limit (OECD, 2004). The desorbed PAH concentration in the gut content groups,
245 which was defined as the PAH desorption concentration enhanced by adding gut contents, was
246 obtained by excluding the desorbed PAH concentrations in Blank 1.

247 *2.6. Statistical analysis*

248 Correlations between PAH content on MP and their physiochemical properties (octanol/water
249 partition coefficient ($\log K_{OW}$), water solubility; WHO, 1998) and between the k_2 of PAHs desorbed
250 from the MPs in gut contents and $\log K_{OW}$ were analyzed using Pearson's correlation analysis. All the
251 computations were performed using the R software (R Development Core Team, 2007).

252 3. Results and Discussion

253 *3.1. Experiment 1. Sorption of PAHs on MP*

254 *3.1.1. Calculation of PAH sorption rate constant*

255 The k tended to decrease with an increase in the number of rings (Table 2). The value of t_{80} tended
256 to increase as the number of rings increased. The time required to reach equilibrium between the PE
257 debris and seawater is longer for more hydrophobic and higher-molecular-weight PAHs (Lee et al.,
258 2017). The findings of this study are consistent with Rochman et al. (2013), who reported that the time
259 to reach an equilibrium of PE in the marine environment for benzo(ghi)perylene (six rings) was longer
260 than that for fluoranthene (four rings). It was inferred that PAHs with a larger number of rings required
261 a longer time to reach equilibrium; however, 48 h was sufficient to reach equilibrium in Exp. 1.

262 *3.1.2. Comparison of PAHs sorption properties between PE and PS*

263 The PAH content sorbed onto the MPs is presented in Fig. 2. PAHs with a larger number of rings
264 tended to sorb more on the MP, and the PAH content on the MPs tended to increase with increasing
265 concentration in the test solution, irrespective of the MP material. In particular, the sorption enhanced
266 from 1,2benzanthracene (B(a)A), and higher molecular weight PAHs.

267 The total PAH contents on PE were found to be 3,600, 21,000, 42,000, and 91,000 ng/g, and those
268 on PS were 1,800, 38,000, 59,000, and 120,000 ng/g in the test solutions of 0.05, 0.5, 1, and 2 µg/L,
269 respectively. These results correspond to those reported by Mai et al. (2018) (3,400–119,000 ng/g).
270 The highest adsorption amount to MP was dibenz(a,h)anthracene for both PE and PS, and the sorption
271 amount in the test solution of 2 µg/L was approximately 7,000 and 10,000 times the test solution
272 concentration for PE and PS, respectively. The concentration factor of Phe, Pyr, and Chr calculated
273 from the test solution of 2 µg/L to MP was 230, 1,000, and 4,800 for PE and 420, 390, and 5,400 for
274 PS. Phe has a lower concentration factor than the BCF (940), and Pyr and Chr have higher
275 concentration factors than the BCF (Pyr: 72, Chr: 54) (Gerhart and Carlson, 1978; Baussant et al.,
276 2001).

277 As presented in Fig. 3, the PAH content of MP positively correlated (PE: $r = 0.89$, $p < 0.01$; PS: $r =$
278 0.90 , $p < 0.01$) with the $\log K_{OW}$, an index of water solubility and lipophilicity. A negative relationship
279 (PE: $r = -0.85$, $p < 0.01$; PS: $r = -0.82$, $p < 0.01$) was observed between the log-normalized water
280 solubility and the PAH content on MP. It was inferred that PAHs with larger $\log K_{OW}$ and lower water
281 solubility were more easily sorbed onto MPs. The Phe, Pyr, and Chr contents of MPs collected from
282 coastal areas have been reported to be 15,000, 5,000, and 2,500 ng/g, respectively (Mai et al., 2018),
283 which decreased with an increase in $\log K_{OW}$. This reflects the PAH composition in seawater, in which
284 the main compounds among the 16 PAHs are 2–3-ring PAHs (Zhang et al., 2016; Tong et al., 2019;
285 Shi et al., 2022).

286 *3.1.3. Comparison of PAHs sorption index between PE and PS*

287 As an index of sorption characteristics on MP, the Freundlich sorption coefficient was calculated
288 based on the OECD Test Guideline 106 from the results of the sorption properties on MPs.

289 The adsorption coefficient (a) demonstrated a tendency to be larger for the PAHs, with higher log
290 K_{OW} values for both PE and PS (Fig. S1). The coefficient was particularly enhanced for B(a)A (log
291 K_{OW} ; 5.6) and higher-molecular-weight PAHs in both the MPs. Campos et al. (2023) also reported that
292 PAH concentrations in the LDPE were higher in the higher-molecular-weight PAHs than those in the
293 lower-molecular-weight PAHs after the MP spiking procedure in the PAH working water solution. The
294 sorption properties of PAHs from seawater were comparable, suggesting that the PAH sorption
295 properties of PS from seawater may be estimated to some extent using PE.

296 3.2. Experiment 2. Calculation of desorption rate constant in vitro desorption experiment

297 The desorption of PAHs from MPs reached almost a steady state 24 h after the initiation of the test.
298 More than 80% of the PAH concentration in the steady-state test water was desorbed within 3 h after
299 the initiation of the test in both the fish species (Fig. 4). The desorption of PAHs from MP can, therefore,
300 be divided into two phases: 0–3 h and 3–24 h. This is because the k_2 of each of the 16 PAHs were
301 consistently higher for 0–3 h than those for 3–24 h. The k_2 at 0–3 h tended to be large in the three rings
302 ($k_2 = 0.75$ /d and 0.86 /d) and small ($k_2 = 0.42$ /d and 0.34 /d) in the 5–6 rings depending on the type
303 of PAHs in red sea bream and mummichog, respectively (Table 3). In addition, there were significant
304 negative relationships ($r = -0.82$, $p < 0.01$) between k_2 for 0–3h and log K_{OW} of PAHs in both the fish
305 species (Fig. 5). It was, therefore, inferred that the PAHs with larger log K_{OW} and lower water solubility
306 were easier to sorb on MP and less likely to desorb from MP in the digestive tract of marine fish
307 species. These results were consistent with the study that reported that bioconcentration factors of one
308 major low-ring PAH (phenanthrene) in fishes demonstrated a significant correlation with MP
309 abundance, implying that they potentially participated in the selective bioaccumulation of PAHs (Li
310 et al., 2023).

311 *3.3. Experiment 3. Contribution of the uptake of PAHs desorbed from MPs in the digestive tract*

312 The contributions of Phe, Pyr, and Chr derived from the MPs in the digestive tract were calculated
313 to be 1.8, 24, and 14% and 3.1, 35, and 22% of the total concentration in fish derived from seawater
314 and MPs in the digestive tracts of the red seabream and mummichog, respectively (Table 1). More
315 than 95% of the three PAHs accumulated in fish were derived from seawater, with most of them
316 observed to be Phe in both the fish species (Fig. 6). These results were strongly supported by the study
317 which reported that zebrafish were exposed to PS MPs with sorbed B(a)P or a realistic mixture of oil
318 PAHs from the water accommodated fraction of a naphthenic crude oil. However, the contaminated
319 MPs did not cause PAH accumulation in zebrafish (Martínez-Álvarez et al., 2024). Qiu et al. (2020)
320 reported that the amounts of Ant via waterborne pathways or those sorbed on the 50 µm PE-MPs
321 account for approximately 67% and 33% of the Ant concentrations in medaka. The contribution of
322 Ant derived from MP ingestion (33%) was much higher than the current results of Phe (1.8% for red
323 seabream and 3.1% for mummichog) despite the similar log K_{OW} of Phe (4.6) and Ant (4.5). There are
324 two possible reasons for this discrepancy. First is that the concentrations of PAH in water media used
325 for the sorption to MP were 2 µg/L for the present study and 100 µg/L for Qiu et al. (2020), which
326 may remarkably affect the PAH bioaccumulation in fish from seawater. The second reason is the
327 difference in the MP size used for the experiment. Takai et al. (2023) demonstrated that the size of
328 MPs is a critical determinant of their ability to serve as vectors for anthropogenic chemicals. The
329 authors reported that the concentration of Ant in the muscle of Java medaka exposed to both Ant and
330 2-µm PS-MPs was higher as compared with those of any other two groups; both Ant and 10-µm PS-
331 MPs or Ant alone. It should additionally be noted that the estimation in this study is based on the
332 assumption that assimilation efficiency is the maximum value of 100% due to its uncertainty. Future
333 research is necessary to clarify these issues (PAH concentration in the test media and MP size) and the
334 uncertainties (assimilation efficiency of PAHs). Generally, assimilation efficiency is lower than 60%

335 for highly bioaccumulated contaminants, such as polychlorinated biphenyls and organotin compounds
336 (Opperhuizen and Schrap, 1988; Ikeda and Yamada, 2003). Therefore, the actual concentration of
337 PAHs taken up into the fish body derived from MP in the digestive tract was lower than the estimated
338 value.

339 These estimates were finally compared to the carcinogenic levels of concern set by the U.S. Food
340 and Drug Administration (FDA), especially for Phe (490 µg/g), Pyr (49 µg/g), and Chr (35 µg/g).
341 Consequently, the concentration of PAHs in the fish body derived from MP was approximately 1/4.5
342 million to 1/1 million of the above values. It was, therefore, inferred that the risk as food was extremely
343 low, even if the PAH concentration in seawater was relatively higher (2 µg/L), corresponding to that
344 occurring in the aquatic environment (Anyakora et al., 2005; Maskaoui et al., 2002; Zhang et al., 2016;
345 Shi et al., 2022) and if the assimilation efficiency of the PAHs was 100%.

346 4. Conclusion

347 Based on the results of the *in vitro* desorption test conducted in this study and the estimation using
348 MP size, expected MP concentration in seawater, and PAH concentration in MP reported in an actual
349 marine environment, it was presumed that there was an additional uptake of PAHs into the fish body
350 (vector effect) due to desorption from MPs in the digestive tract when marine fish ingested MP that
351 was sorbed and concentrated with PAHs. The degree of uptake was, however, much lower than that
352 from seawater via gills. The PAHs with larger log K_{ow} and lower water solubility are easier to sorb
353 onto MPs and less likely to desorb in the digestive tract of marine fish species. Collectively, the vector
354 effect of PAHs by MPs in the actual sea may be negligible, and the risk is considered to be low at
355 present. Our findings reveal that the degree of PAH uptake from MP ingestion was much lower than
356 that from seawater via gills on the PAH bioaccumulation in fish. Future research is necessary to clarify
357 the effects of PAH concentration in the test media and MP size, and the assimilation efficiency of
358 PAHs.

359

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362 CRediT authorship contribution statement

363 **Kumiko Kono**: Conceptualization, Methodology, Investigation, Formal analysis, Writing- Original
364 draft preparation. **Mana Ito**: Investigation, Writing- Original draft preparation. **Takeshi Hano**:
365 Investigation, Writing- Original draft preparation. **Nobuyuki Ohkubo**: Investigation, Writing-
366 Original draft preparation.

367 Declaration of competing interest

368 The authors declare that they have no competing financial interests or personal relationships that may
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567 Figure captions

568 Fig.1. Description of the present study

569 Fig. 2. The PAH content on MP at the end of the sorption experiment (PE(a) PS(b) (the legend presents
570 the concentration of the test solution)

571 Fig. 3. Relationship between $\log K_{OW}$ (a) or water solubility (b) and PAH content on MP at the end of
572 the sorption experiment using the test solution of 2 $\mu\text{g/L}$ (PE \bullet PS \circ). $\log K_{OW}$ and water solubility
573 values are from WHO (1998)

574 Fig. 4. Percentage of the desorbed PAH in the test solution containing the gut contents extract when
575 the desorption amount is 100% at 24 h (the legend presents the number of aroma rings in PAH).

576 Fig. 5. Relationship between $\log K_{OW}$ of PAHs and desorption rate constant at 0–3 h, a) red seabream
577 and b) mummichog. Statistical significance was based on Pearson's correlation coefficient (r) at $p <$
578 0.01. $\log K_{OW}$ values are from WHO (1998)

579 Fig. 6. The estimated uptake ratio of PAHs from seawater and MP which was ingested and desorbed
580 in the digestive tract of the a) red sea bream and b) mummichog. (SW: seawater, Phe: phenanthrene,
581 Pyr: pyrene, Chr: chrysene)

582 Fig. S1. Relationship between $\log K_{OW}$ and adsorption coefficient (a) of PAH (PE \bullet PS \circ)

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591 Table 1. Parameters and formulas used for the estimation of PAH concentrations in fish.

		Red sea bream			Mummichog			Reference
	Calculation formula	Phe	Pyr	Chr	Phe	Pyr	Chr	
MP concentration in seawater (mg/L)	a	1						Isobe et al., 2019
MP uptake ratio in fish (%)	b	0.010			0.019			Ohkubo et al., 2020
PAH desorption time in digestive tract (h)	c	3			3			Ohkubo et al., 2020, This study
PAH content on MP (ng/g MP)	d	15000	5000	2500	15000	5000	2500	Mai et al., 2018
PAH desorption ratio from MP to seawater (%)	e	42	26	38	42	26	38	This study
PAH concentration in seawater	$f = a * d * (e/100) / 1000$	6.3	1.3	0.95	6.3	1.3	0.95	
BCF	g	940	72	54	940	72	54	Gerhart & Carlson, 1978, Baussant et al., 2001
PAH concentration in fish (ng/g)	$h = f * g / 1000$	5.9	0.094	0.051	5.9	0.094	0.051	
PAH residue content on MP (ng/g MP)	$i = d * (1 - (e/100))$	8700	3700	1600	8700	3700	1600	
PAH desorption rate constant of MP (k_2) (/d)	j	1.1	0.66	0.42	1.0	0.59	0.37	This study
PAH content desorbed from MP (ng/g MP)	$k = h * (1 - \exp(-j * c / 24))$	1100	290	82	1000	260	72	
PAH concentration in fish (ng/g)	$l = k * b / 100$	0.11	0.029	0.008	0.19	0.050	0.014	
Contribution of MP ingestion to total uptake (%)	$l * 100 / (h + l)$	1.8	24	14	3.1	35	22	

592 Table 2. The sorption rate constant (k) of PAHs to MP from the test solution and the time required to
 593 reach the 80% steady state (t_{80}).

PAH	Abbreviation	Ring	k (/h)	t_{80} (h)
Naphthalene	Nap	2	0.29	5.5
Acenaphthylene	Acel		0.49	3.3
Acenaphthene	Ace		0.65	2.4
Fluorene	Flu	3	0.43	3.7
Phenanthrene	Phe		0.84	1.9
Anthracene	Ant		0.55	2.9
Fluoranthene	Flut		0.52	3.1
Pyrene	Pyr	4	0.41	3.9
1,2benzanthracene	B(a)A		0.14	11
Chrysene	Chr		0.12	13
1,2benzo(b)fluoranthene	B(b)F		0.07	25
1,2benzo(k)fluoranthene	B(k)F	5	0.07	23
Benzo(a)pyrene	B(a)P		0.04	44
Dibenz(a,h)anthracene	D(ah)A		0.11	14
Indeno(1,2,3-cd)pyrene	Inden	6	0.04	36
Benzo(g,h,i)perylene	B(ghi)P		0.10	16

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603 Table 3. The desorption rate constant of PAHs from MP in the fish digestive tract at 0–3 h and 3–24
 604 h, respectively.

No. of rings	Chemicals	Red seabream		Mummichog	
		0-3 hr	3-24 hr	0-3 hr	3-24 hr
2 rings	Naphthalene	-	-	-	-
	Acenaphthylene	1.2 ± 0.14	0.027 ± 0.035	2.0 ± 0.46	0.080 ± 0.073
	Acenaphthene	1.1 ± 0.15	0.025 ± 0.032	1.3 ± 0.30	0.050 ± 0.039
3 rings	Fluorene	1.4 ± 0.21	0.025 ± 0.034	1.4 ± 0.31	0.044 ± 0.035
	Phenanthrene	1.1 ± 0.19	0.029 ± 0.029	1.0 ± 0.18	0.039 ± 0.014
	Anthracene	1.2 ± 0.28	0.015 ± 0.028	0.87 ± 0.18	0.032 ± 0.014
	Fluoranthene	0.77 ± 0.18	0.031 ± 0.027	0.63 ± 0.11	0.033 ± 0.010
4 rings	Pyrene	0.66 ± 0.15	0.029 ± 0.026	0.59 ± 0.10	0.032 ± 0.010
	1,2benzanthracene	0.58 ± 0.17	0.014 ± 0.020	0.48 ± 0.085	0.017 ± 0.0087
	Chrysene	0.42 ± 0.12	0.011 ± 0.016	0.37 ± 0.071	0.011 ± 0.0067
	1,2benzo(b)fluoranthene	0.47 ± 0.12	0.012 ± 0.021	0.43 ± 0.063	0.0090 ± 0.0058
5 rings	1,2benzo(k)fluoranthene	0.40 ± 0.13	0.0051 ± 0.014	0.33 ± 0.064	0.0065 ± 0.0051
	Benzo(a)pyrene	0.29 ± 0.079	0.0048 ± 0.010	0.35 ± 0.064	0.0063 ± 0.0044
	Dibenz(a,h)anthracene	0.37 ± 0.11	0.010 ± 0.022	0.22 ± 0.029	0.0053 ± 0.0039
6 rings	Indeno(1,2,3-cd)pyrene	0.38 ± 0.10	0.0042 ± 0.018	0.31 ± 0.045	0.0065 ± 0.0069
	Benzo(g,h,i)perylene	0.66 ± 0.13	0.018 ± 0.029	0.39 ± 0.054	0.012 ± 0.0080

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613 Table S1 Internal standard PAHs and analytical parameters determined using gas chromatography.

	Internal standard PAHs	RT ^a	SIM ion	Native PAHs	RT	SIM ion
2 rings	Naphthalene-D8	6.993	136	Naphthalene	7.022	128
	Acenaphthylene-D8	10.634	160	Acenaphthylene	10.672	152
	Acenaphthene-D10	11.213	164	Acenaphthene	11.32	154
3 rings	Fluorene-D10	13.223	176	Fluorene	13.345	166
	Phenanthrene-D10	17.767	188	Phenanthrene	17.858	178
	Anthracene-D10	17.97	188	Anthracene	18.041	178
	Fluoranthene-D10	21.95	212	Fluoranthene	21.997	202
4 rings	Pyrene-D10	22.566	212	Pyrene	22.611	202
	1,2-Benzanthracene-D12	25.823	240	1,2-Benzanthracene	25.874	228
	Chrysene-D12	25.912	240	Chrysene	25.97	228
	1,2-Benzo(b)fluoranthene-D12	28.335	264	1,2-Benzo(b)fluoranthene	28.384	252
	1,2-Benzo(k)fluoranthene-D12	28.395	264	1,2-Benzo(k)fluoranthene	28.435	252
5 rings	Benzo(a)pyrene-D12	28.993	264	Benzo(a)pyrene	29.038	252
	Dibenz(a,h)anthracene-D14	31.695	292	Dibenz(a,h)anthracene	31.779	278
	Indeno(1,2,3-cd)pyrene-D12	31.626	288	Indeno(1,2,3-cd)pyrene	31.687	276
6 rings	Benzo(g,h,i)perylene-D12	32.316	288	Benzo(g,h,i)perylene	32.39	276

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615 ^a RT, retention time

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618 Table S2 Quantification limit of PAHs in MP (ng/g) and red seabream and mummichog (ng/ml).

	MP	Red seabream	Mummichog
Naphthalene	0.19	1.05	0.21
Acenaphthylene	0.01	0.07	0.09
Acenaphthene	0.01	0.56	0.53
Fluorene	0.24	0.13	0.09
Phenanthrene	0.26	0.72	0.13
Anthracene	0.14	0.18	0.09
Fluoranthene	0.13	0.77	0.13
Pyrene	0.27	0.43	0.14
1,2benzanthracene	0.32	0.09	0.10
Chrysene	0.27	0.46	0.07
1,2benzo(b)fluoranthene	1.00	0.38	0.72
1,2benzo(k)fluoranthene	0.35	0.32	0.18
Benzo(a)pyrene	0.40	0.11	0.18
Dibenz(a,h)anthracene	1.05	0.27	0.10
Indeno(1,2,3-cd)pyrene	0.63	0.24	0.29
Benzo(g,h,i)perylene	0.51	0.10	0.16

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